



XAVIER
UNIVERSITY of LOUISIANA

Premedical Office

Xavier–University of Rochester Medical School Early Assurance Program

(updated 7/20/26)

For perspective on the University of Rochester Medical School, check out the video at <https://vimeo.com/174682589> which features Dr. Steve Morgan, Jr. and Dr. Chante' Calais Morgan, both Xavier graduates who enrolled at the University of Rochester through the Early Assurance Program.

This sophomore-year program, which offers conditional early acceptance into medical school, requires endorsement by the Premedical Office. Students who are conditionally accepted into University of Rochester Medical School through this program are NOT required to take the MCAT but must still complete their XU degree programs. In order to be reviewed for endorsement by the Premedical Office, students must be on track to meet eligibility requirements by the end of the spring semester of sophomore year and must adhere to the critique/revision timeline detailed below.

What are the qualifications to apply to the program? By the time they are nominated in May, following the completion of the spring semester of sophomore year at Xavier, students must have...

- Entered Xavier as a first-time freshman and major in an academic discipline within the [College of Arts and Sciences](#).
- Prepared to graduate with a bachelor's degree from XU in the spring of senior year (i.e. two academic years after applying to this program) and to enter medical school that same year (must complete all 8 semesters at XU; early degree completion **not** allowed).
- Completed at least 60 semester hours of courses **at Xavier**.
- Completed the following courses:
 - General Biology (1230/1230LB and 1240/1240LB)
 - General Chemistry (1010/1010DR/1011LB and 1020/1020DR/1021LB)
 - Organic Chemistry (2210/2210DR/2230LB and 2220/2220DR/2240LB)
 - One semester of either Intro Calculus (1070) or Basic Statistics (1020). *AP credit **CAN** be used to meet this requirement.*
 - Two semesters of [expository writing](#). This may be met with English or other non-science courses that involve expository writing. *AP credit **CANNOT** be used to meet this requirement.*
 - Any acceptable AP credits must be documented on an official transcript.
 - All required science coursework must be taken in-person.
 - If accepted into the program, there will be additional REQUIRED non-science and science courses that must be satisfied through senior year, most of which will NOT be satisfied with AP credit.
- Earned cumulative overall **and** BCPM GPAs at Xavier of 3.6 or higher (updated 3/21/25).
- Be a U.S. citizen or permanent resident.
- Demonstrated a genuine interest in becoming a physician by gaining relevant experience in a patient-care setting (e.g. volunteering, paid employment, internship, shadowing, etc.) and/or participating in a premed summer enrichment or research program.
- Demonstrated a genuine interest in medicine as indicated by participation in the group and individual meetings conducted by the Premedical Office for freshman and sophomore students, including submission of personal statement and post-secondary experiences form to the Premed Office for review throughout enrollment.
- Demonstrated a genuine interest in attending U of Rochester School of Medicine as indicated by meeting the above-mentioned requirements and participating in any information or recruitment sessions offered to Xavier students by U of Rochester School of Medicine.
- *NOTE: If you have questions or concerns about any of the above-mentioned requirements that must be met by the end of the spring semester of sophomore year, please contact the Premedical Office no later than the fall semester of sophomore year.*

How does an XU student apply for the program? Students interested in the program and who meet the qualifications listed above must do the following during their SOPHOMORE year:

- Submit Personal Statement, Post-Secondary Experience (PSE) Form, and EAP Application Essay Prompt Response(s) to the Premed Office for review **at least once** during the specified period between May 15th after freshman year and February 1st of sophomore year, revising accordingly after receiving feedback (multiple submissions highly recommended well in advance of final application due date). Detailed EAP application instructions are discussed during Freshman Premed Biomedical Honor Corps Meetings, the One-on-One Freshman Premed Assessment Meeting in the spring of freshman year, the Sophomore Premed Overview Meeting in the fall of sophomore year, and in multiple email messages sent during the freshman and sophomore years. If you do not adhere to the critique timeline for EAP, your application will not be accepted for consideration. These items will be used to determine your suitability to be reviewed by medical school early acceptance program admission committees, so they need to be in the best shape possible;
- Detailed EAP application instructions, PSE Form, and Auto-Calculation GPA Worksheet in Excel are available in the Premedical Office's XULA Portal at <https://my.xula.edu/groups/34/feed> under "Resources/Forms";
- Collect letters of evaluation specific to medical school from three (3) faculty members (2 BCPM, 1 non-BCPM) and request to have them submitted to the Premedical Office by April 15th; be sure to follow-up with faculty who agreed to write medical school evaluations on your behalf; and
- The medical school early acceptance program application is **due in the Premedical Office by May 15th**. When submitting your early acceptance application to the Premedical Office, include ALL required sections of the application: Application Forms, Auto-Calculation GPA Worksheet in Excel (with final grades for the spring semester), Personal Statement, and PSE Form. Official transcript(s) from each college or university attended, including Xavier, and required letters of evaluation are also due by May 15th.

What happens to applications after they are submitted to the Premed Office? After the May 15th deadline, the Premed Office will review all applications and then nominate qualified students to submit the Rochester-specific online application directly to the Early Assurance Program for consideration. It is IMPERATIVE that the email address you check DAILY is on file in the Premed Office since EAP online application instructions will be forwarded by the Premed Office to selected students by email.

After carefully completing and submitting the online application, applicants are notified of their application status by EAP administrators by the beginning of junior year. Subsequently, applicants who are granted interviews at Rochester will be notified of the status of their applications by the U of Rochester Medical School Early Assurance Program Office once decisions are made after the interview period.

What do students do after acceptance into the program? Students accepted into the program do NOT have to take the Medical College Admission Test (MCAT); as of 4/1/25, accepted students ARE allowed to take the MCAT and retain conditional acceptance. Currently, EAP students are also allowed to apply to other medical schools during the formal medical school application process, the summer between junior years, while also retaining EAP status with the U of Rochester. HOWEVER, the medical school reserves the right to change this policy in the future. Accepted students must successfully complete their Junior and Senior years at Xavier (with minimum overall and BCPM GPA requirements satisfied) and complete/submit the American Medical College Application Service (AMCAS) application during the summer between Junior and Senior years per the instructions given by U of Rochester Medical School upon acceptance. They must also adhere to coursework and other requirements outlined in the conditional acceptance offer.