



XAVIER
UNIVERSITY of LOUISIANA

Premedical Office

Xavier–Pennsylvania State University College of Medicine Early Assurance Program

(updated 9/12/25)

This sophomore-year program, which offers conditional early acceptance into medical school, requires endorsement by the Premedical Office. Students who are conditionally accepted into Penn State University Medical School through this program are required to take the MCAT and must complete their XU degree programs. In order to be reviewed for endorsement by the Premedical Office, students must be on track to meet eligibility requirements by the end of the spring semester of sophomore year and must adhere to the critique/revision timeline detailed below.

What are the qualifications to apply to the program? By the time they are nominated in May, following the completion of the spring semester of sophomore year at Xavier, students must have...

- Entered Xavier as a first-time freshman and major in an academic discipline within the [College of Arts and Sciences](#).
- Prepared to graduate with a bachelor's degree from XU in the spring of senior year (i.e. two academic years after applying to this program) and to enter medical school that same year.
- Completed at least 60 semester hours of courses **at Xavier**.
- Completed the following courses: General Biology (1230/1230LB and 1240/1240LB), General Chemistry (1010/1010DR/1011LB and 1020/1020DR/1021LB), Organic Chemistry (2210/2210DR/2230LB and 2220/2220DR/2240LB), Two semesters of Mathematics (e.g. 1020, 1030, and 1070; bypassed "PC" or AP/transfer credit accepted), and Two semesters of English (e.g. 1000/1010 and 1020; bypassed "PC" or AP/transfer credit accepted).
- Earned a cumulative overall GPA at Xavier of 3.5 or higher.
- Demonstrated a genuine interest in becoming a physician by gaining relevant experience in a patient-care setting (e.g. volunteering, paid employment, internship, shadowing, etc.) and/or participating in a premed summer enrichment or research program.
- Demonstrated a genuine interest in medicine as indicated by participation in the group and individual meetings conducted by the Premedical Office for freshman and sophomore students, including submission of personal statement and post-secondary experiences form to the Premed Office for review throughout enrollment.
- Demonstrated a genuine interest in attending Penn State College of Medicine as indicated by meeting the above-mentioned requirements and participating in any information or recruitment sessions offered to Xavier students by Penn State College of Medicine.
- Be a U.S. citizen or hold permanent resident status.
- *NOTE: If you have questions or concerns about any of the above-mentioned requirements that must be met by the end of the spring semester of sophomore year, please contact the Premedical Office no later than the fall semester of sophomore year.*

How does an XU student apply for the program? Students interested in the program and who meet the qualifications listed above must do the following during their SOPHOMORE year:

- Submit Personal Statement, Post-Secondary Experience (PSE) Form, and EAP Application Essay Prompt Response(s) to the Premed Office for review **at least once** during the specified period between May 15th after freshman year and February 1st of sophomore year, revising accordingly after receiving feedback (multiple submissions highly recommended well in advance of final application due date). Detailed EAP application instructions are discussed during

Freshman Premed Biomedical Honor Corps Meetings, the One-on-One Freshman Premed Assessment Meeting in the spring of freshman year, the Sophomore Premed Overview Meeting in the fall of sophomore year, and in multiple email messages sent during the freshman and sophomore years. If you do not adhere to the critique timeline for EAP, your application will not be accepted for consideration. These items will be used to determine your suitability to be reviewed by medical school early acceptance program admission committees, so they need to be in the best shape possible;

- Detailed EAP application instructions, PSE Form, and Auto-Calculation GPA Worksheet in Excel are available in the Premedical Office's XULA Portal at <https://my.xula.edu/groups/34/feed> under "Resources/Forms";
- Collect letters of evaluation specific to medical school from three (3) faculty members (2 BCPM, 1 non-BCPM) and request to have them submitted to the Premedical Office by April 15th; be sure to follow-up with faculty who agreed to write medical school evaluations on your behalf; and
- The medical school early acceptance program application is **due in the Premedical Office by May 15th**. When submitting your early acceptance application to the Premedical Office, include ALL required sections of the application: Application Forms, Auto-Calculation GPA Worksheet in Excel (with final grades for the spring semester), Personal Statement, and PSE Form. Official transcript(s) from each college or university attended, including Xavier, and required letters of evaluation are also due by May 15th.

What happens to applications after they are submitted to the PM Office? After the May 15th deadline, the Premed Office will review all applications and supporting materials and then choose up to ten (1) students to nominate for the program. XU's Director of Premedical Program will notify students of the status of their applications, via email, no later than the end of May. The Premed Office will forward applications and supporting materials of nominated students to Penn State College of Medicine.

What do students do after they are nominated for the program? Nominees will be reviewed by the Admissions Committee at Penn State College of Medicine, and selected candidates will be invited to interview on Penn State's campus the summer after sophomore year (July-August). Following the interviews, decisions will be made by the Admissions Committee and written notification will be sent to applicants and the chair of the Premedical Committee within four weeks of the interview.

What do students do after acceptance into the program? Students who are offered conditional acceptance must take the Medical College Admission Test (MCAT) the summer between junior and senior years, NO LATER THAN MID-MAY and obtain a minimum composite score of 511 (for med school entry year 2028 or later) in order to gain full acceptance into Penn State College of Medicine via the Early Assurance Program. If the EAP minimum is NOT met on the first attempt, conditionally accepted students will be permitted to retake the MCAT **once**, no later than mid-September, during that year's application cycle. Carefully review the conditional acceptance letter for additional program requirements and opportunities.

Accepted students must complete their junior and senior years at Xavier while performing at an academic level comparable to that required to apply to the early assurance program. Students are encouraged to select a broad-based science and non-science curriculum and participate in a wide variety of extra-curricular programs including service and leadership activities for the remainder of their college career. The additional courses (or the Institution's equivalents) that are recommended are:

- Human Anatomy & Physiology with lab or equivalent (1 year/2 semesters)
- Microbiology (1 semester)
- Behavioral and social science courses (anthropology, economics, ethics, history, sociology, psychology, philosophy)
- Humanities courses (art, drama, literature, languages, music)

Accepted students must complete/submit the American Medical College Application Service (AMCAS) application with the "Early Assurance" designation no later than July before the senior year; complete/submit Penn State's secondary application by the deadline indicated in EAP acceptance correspondence; and follow all instructions outlined in the acceptance materials. Applicants are NOT allowed to apply to other medical schools and maintain EAP status unless the first MCAT composite score is below the minimum EAP requirement and therefore requires retake. Accepted students, after having committed to enroll at Penn State College of Medicine, will be able to explore options like dual degrees (MD-PhD, MD-MPH, MD-MBA, and MD-Med) and any other special opportunities for medical students.

If a conditionally accepted or accepted student does NOT meet the conditions outlined in the respective offer letters, Penn State reserves the right to withdraw acceptance. An applicant may also voluntarily withdraw from the program; the applicant should notify XU's Premedical Office immediately, should they decide to withdraw, by submitting a formal withdrawal letter to xupremed@yahoo.com.