

F-1 Curricular Practical Training

Students usually use CPT to work in internships related to their field of study. In order to apply, you must have an offer of employment and the internship must be an established part of your curriculum or you must receive academic credit.

Can I be paid?

CPT can be paid or unpaid. The restriction is that it must be an internship for credit or a required part of the degree program.

How many hours per week can I work?

The number of hours you work is not limited on CPT, but is simply reported as either full-time (more than 20 hours per week) or part-time (less than 20 hours per week). If you have 12 months of full-time CPT, you are not eligible for Optional Practical Training.

Who can apply?

In order for you to be eligible for CPT, you must have been in lawful F-1 student status for at least one full academic year.

When can I apply?

You must apply at least one week before you begin the internship.

How do I apply?

You must submit the following documents to CIIP:

1. The [Application for CPT](#).
2. Job offer letter with the contract or agreement from your academic department
3. Proof of class registration for internship credit

The Center for Intercultural and International Programs will submit information on your internship through SEVIS (specific employer, part-time or full-time and the specific dates) and will issue a new I-20 endorsed for CPT.