



# College of Pharmacy News

November 2020

PGY-1 Pharmacy Residency Newsletter

## Beyond the Counter

### Upcoming Events

Event	Date
LSHP Virtual Residency Showcase *	October 24 <sup>th</sup>
Xavier Pharmacy Career Information Session (Residency Program)*	November 4 <sup>th</sup>
APhA-ASP Midyear Regional Meeting Career Showcase*	November 5 <sup>th</sup> -6 <sup>th</sup>
University of Houston College of Pharmacy (UHCOP) Student Society of Health-System Pharmacists Virtual Residency Showcase*	November 6 <sup>th</sup>
Dallas/Fort Worth Residency Showcase*	November 9 <sup>th</sup>
ASHP Residency Showcase*	December 7 <sup>th</sup> -8 <sup>th</sup>

\* Xavier's program is participating.

For more information about the PGY-1 Pharmacy Residency Program at Xavier University of Louisiana, please contact:

**Janel Bailey Wheeler, PharmD, BCACP**

Director, PGY-1 Pharmacy Residency Program

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## RESIDENCY HIGHLIGHTS

### Welcome 2020-2021 Residents



**Dr. Glenda Carlton**  
2020 UNC Eshelman School of Pharmacy Graduate



**Dr. Jasmine Delk**  
2020 University of the Sciences Philadelphia College of Pharmacy Graduate



**Dr. Nabila Faridi**  
2020 University of Maryland School of Pharmacy Graduate

Find out more about each resident in the next issue.

# CONGRATULATIONS!!!

2019-2020



**Keeyan Davis, PharmD**

This year has been everything I hoped it would be and everything I didn't even know I wanted or needed. I am so happy to have been able to work, learn, and grow as an ambulatory care pharmacist. It is rewarding to be able to give back to the community and truly embody the mission of Xavier "to promote a more just and humane society". I am proud to be a pharmacist, especially an ambulatory care pharmacist from Xavier University of Louisiana.

**Future plans:** I will be completing a PGY2 Specialty Pharmacy Administration and Leadership Residency at The University of Chicago Medical Center.

**Malachi Johnson, PharmD**

I would describe this residency year as challenging, humbling and ultimately rewarding. If I could do it all over again, my desire would be to match no other place than Xavier University of Louisiana. I was granted the support and insight to enhance my clinical skills so that I can thrive as an ambulatory care pharmacist in the near future.

**Future plans:** I plan to seek employment at an ambulatory care clinic.



**Kabrea Jones, PharmD**

This residency has been challenging, but extremely rewarding! This program has allowed me to find my passion of caring for underserved populations. I am extremely grateful for all the knowledge I have gained from this experience, and look forward to practicing as an ambulatory care pharmacist!

**Future plans:** I will be taking my talents to the University of North Texas Health Science Center to complete a PGY2 in Ambulatory Care.



**Bria Wates, PharmD**

This has been an extremely fulfilling year! I am very thankful for the opportunities to serve the underserved and give back to students. By rotating through various clinical sites and delivering lectures in the College of Pharmacy, I have experienced tremendous growth in my clinical knowledge, presentation skills, and confidence as a new practitioner. It has been an honor to serve as a PGY1 resident at Xavier University and I look forward to practicing as an Ambulatory Care Pharmacist!

**Future plans:** I will be completing a PGY2 Ambulatory Care Residency at The Michael E. DeBakey Veterans Affairs Medical Center.



# Former Resident Spotlight

## Dr. Shandrika Landry



### 2008-2009 PGY-1 Pharmacy Resident

*Dr. Landry currently serves as a Clinical Pharmacist at Catalyst Health Network, where she provides comprehensive medication management services for several primary care practices in the Austin metropolitan area. Prior to her position at Catalyst Health Network, Dr. Landry served as Clinical Assistant Professor at Xavier University of Louisiana College of Pharmacy and Assistant Director of the PGY-1 Pharmacy Residency Program. In addition to teaching in a variety of didactic courses, she also served as an ambulatory care clinical pharmacist at NOELA Community Health Center in eastern New Orleans. At this site, Dr. Landry provided chronic disease management services under a collaborative practice agreement.*

#### **What aspects of the residency program most prepared you for your post residency position?**

Because Xavier's residency program is housed in the College of Pharmacy, I was exposed to the intricacies of academia, including teaching, scholarship, and service. I also had required didactic teaching experiences and opportunities to co-precept third and fourth year pharmacy students. My residency training also offered me the opportunity to have a variety of ambulatory care learning experiences. Because this is now my current area of practice, those opportunities were instrumental in equipping me with the knowledge and skills necessary to thrive in the ambulatory care setting.

#### **What advice would you give to current pharmacy residents?**

Don't be afraid to step outside of your comfort zone. Reflect on your strengths and areas for improvement and seek out those opportunities that will help you to grow in your identified areas for improvement. Doing so will foster personal and professional growth and help you to be a more well-rounded practitioner.

#### **What is the most impactful/innovative contribution you've made to the field of pharmacy?**

I served on the Diabetes Care Team at NOELA Community Health Center. As a team, we regularly reviewed the clinical outcomes of our patients with diabetes and developed and implemented strategies for improving those outcomes. As the pharmacist on the team, I was able to provide valuable input regarding medication management, particularly for some of our most complex cases. As a result of this collaborative effort, we were able to see consistent improvement in clinical outcomes for the patients that we served. As the Diabetes Care and Education Specialist on the team, I was also able to assist the clinic with developing its diabetes education program and obtaining American Diabetes Association recognition as a provider of diabetes self-management education.

#### **What challenges have you faced in your career and how did you overcome them?**

During my first year as a faculty member, balancing the demands of didactic and experiential teaching and building my practice site was challenging for me. Having a mentor was instrumental in helping me to overcome this challenge. My mentor provided meaningful advice and feedback and identified resources to help me with my transition from resident to faculty member. This experience really helped me to understand the value of developing a meaningful relationship with a mentor.

# Former Resident Spotlight

## Dr. Jonathan Newsome



### 2008-2009 PGY-1 Community Pharmacy Resident

*Dr. Newsome is a Clinical Associate Professor in the Department of Clinical Sciences at The University of Texas at Tyler Ben and Maytee Fisch College of Pharmacy. He Completed a PGY-1 Community Pharmacy Residency at Xavier University of Louisiana. Prior to his position at UT Tyler, Dr. Newsome served as an Assistant Professor at Hampton University School of Pharmacy in Hampton, VA and as an Associate Professor at South College School of Pharmacy in Knoxville, TN. Dr. Newsome's professional interests include ambulatory care and health disparities. His primary focus is assisting underserved populations in achieving optimal medication therapy.*

#### **What aspects of the residency program most prepared you for your post residency position?**

The various rotations prepared me for my post residency position. I was able to complete diabetes education weekly and medication therapy management services. In addition, I completed a longitudinal ambulatory care rotation at a Federally Qualified Health Center with Dr. Hart, as well as, electives in HIV and asthma. The experiences were beneficial when I applied for an Ambulatory Care faculty position at Hampton University.

#### **What advice would you give to current pharmacy residents?**

When you begin a residency, have a plan for your future. Where do you see yourself in 5 years, 10 years? This will help you as you select your electives. After residency, definitely become board certified. For certain positions, some employers may look for this added credential.

#### **What is the most impactful/innovative contribution you've made to the field of pharmacy?**

My greatest impact is being a confidant or mentor to my students. No matter what the problem may be, I am able to relate to my students and make them feel comfortable in their own skin. More than any grant or published paper, I feel my greatest impact is being there for my students!

#### **What challenges have you faced in your career and how did you overcome them?**

Taking that leap into research was one of the challenges I faced in my career. As a new faculty member, one of the first papers I wrote was given back to me with markings all over it. I couldn't figure it out and had a few rough trials until one of my mentors sat down with me and took it step by step. Writing a book or poetry is totally different from writing professionally. I learned to simply write the facts and after I made all the changes, I submitted and got it published!



# Residency Alumni Update



## Professional & Personal Accomplishments

We want to celebrate your accomplishments. If you have a new job, new position, matched with a PGY-2 residency program, board certification, additional degree, new addition to your family or something else that you would like to share, please let us know.



Dr. Shandrika Landry ('09) is working as a Clinical Pharmacist at Catalyst Health Network in Austin, Texas.

Dr. Sarah Amering ('10) is working as an Ambulatory Care Clinical Pharmacy Specialist at the University of Rochester Medical Center.

Dr. Kisha Gant ('10) has been promoted to Director of Pharmacy at Slidell Memorial Hospital.


Dr. Rebecca Castner ('11) has been promoted to Associate Professor of Clinical Sciences at Roosevelt University College of Pharmacy, Schaumburg, Illinois.

Dr. Lakeisha Williams ('11) has been promoted to Clinical Associate Professor at Xavier University of Louisiana College of Pharmacy.

Dr. Bethany Bonner ('14) is working as a Clinical Pharmacist at Triad HealthCare Network in Greensboro, North Carolina.

Dr. Hannah Naquin Lambert ('18) and her husband welcomed a new addition to their family, the birth of their son, Samuel.

Dr. Rania El-Desoky ('19) has been accepted into the University of Houston's Fellowship in Academic Pharmacy program.

 If your contact information has changed, please send an email to **residency@xula.edu**. We want to stay in touch with you.