



College of Pharmacy News

April 2020

PGY-1 Pharmacy Residency Newsletter

Beyond the Counter

Upcoming Events

Event	Date
Results of ASHP Phase II MATCH results	April 8 st
Easter	April 12 th

Resident Toolkit



Standards of Care® app

- Diabetes is a hot topic! Stay abreast by downloading this app for live updates.



Todoist® app

- Need assistance with time management and optimizing productivity? This app is for you!

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RESIDENCY HIGHLIGHTS



Left-Right: Kabrea Jones, PharmD; Malachi Johnson, PharmD; Keeyan Davis, PharmD; Bria Wates, PharmD

RESIDENTS REFLECTIONS AND ACHIEVEMENTS

Residency training is halfway completed! How would we summarize the experience thus far? In equal parts, our residency experience has been challenging, rewarding, insightful, and helpful to our future career goals. What have we gained? Our clinical and professional growth continues to expand. We are appreciative of the learning opportunities, mentorship, family work environment, and the underrepresented patient population that we serve.

Collectively we have a plethora of pending and completed assignments and presentations. Research was presented at the 2019 ASHP Midyear Clinical Meeting in Las Vegas, NV. Additional presentations have or will be conducted at University Medical Center (UMC) and clinical practice sites around the Greater New Orleans Area.

Research Titles

Dr. Davis: "Determinants of Duration of Therapy Based on Age Among High Risk Individuals Initiated on PREP in an Urban Based Clinic"

Dr. Johnson: "Comparison of Rehospitalization Rates Among Patients Receiving Monotherapy versus Dual Therapy for Psychotic Depression"

Dr. Jones: "Assessing Burnout Among Minority vs Non-minority Pharmacy Students at a Historically Black College and University"

Dr. Wates: "Assessment of Nutrition Literacy Among Underserved Patients with Type 2 Diabetes"



STUDENT GUIDE



SUCCESS STARTS NOW!

JOB OPENINGS

Whether you're pursuing a pharmacy residency or pharmacy position, these interview tips will be helpful for you. Individuals' decision-making are deeply influenced by visual stimuli. People evaluate you based on your appearance, attire, and body language. Be well-groomed and allowed your tailor business suit to set the tone. Keep in mind, business professional colors are grey, navy blue, or black. A firm hand shake is a universal sign of respect, strength, and assuredness. Your interview should begin and end with an unannounced concord. Give yourself adequate time to prepare to the best of your ability. This will allow you to be less anxious and exude self-confidence. Your confidence or lack of confidence, can be the difference between a letter of affirmation or denial.

Mastering your interview techniques, honing your skills, and delivering a polished performance can optimize your chances of landing your next opportunity.

Business Formal

Men and Women



10 TIPS TO PREPARE FOR YOUR INTERVIEW

- 01 **Respond promptly to interview invitations**
"First come, first serve!" Be sure to check your email inbox daily. Keep in mind that times and dates may be limited. You want the date that will be most accommodating to your schedule.
- 02 **Practice makes perfect! - STAR interview method**
Situation, Task, Action, Result. You'll never know exactly what the interviewer will ask you, however it will be helpful to anticipate the possible questions. Reflect on your professional experiences and prepare a few **relevant** scenarios that you'll be able to expand on using the STAR method.
- 03 **Know your application/curriculum vitae**
"Anything is far game!" Be able to speak about everything on your application including leadership roles, research experience, and the clinical disease states associated to your presentations.
- 04 **Research the program or job**
 Have a general understanding of the structure of the program, your role, and how you can integrate yourself. The program or company's website will provide insight. Additional information may be revealed by asking previous and current residents or employees.
- 05 **Ask thoughtful questions**
 Asking questions shows your interest. These questions should not be clearly revealed on the program or company's website.
- 06 **Dress for success!**
 Be sure to be well-kempt and ultimately, dress for your confidence. Your business attire is a visual presentation of you as an employee. Traditional attire includes **grey, navy blue, and black**. Keep it simple, unless you'd like to be remembered for making a fashion statement.
- 07 **Arrive early & prepared**
 Timeliness is a virtue. Punctuality displays a person's respect for people and their time.
- 08 **Listen to questions you are asked**
 It is okay to take a moment to gather your thoughts before responding. Make sure that you answer the question in its entirety.
- 09 **Show some personality**
 You are expected to display professional and respectful character **at all times, meaning on and off the interview**, however don't forget to be personable.
- 10 **Follow up with a thank you letter**
 Express your gratitude for the opportunity. Handwritten letters are preferred.

XAVIER IN ACTION

Lovie F. Rodgers, PharmD, MPH



Upon graduating pharmacy school and completing my residency, I held a variety of pharmacy positions. I was a Clinical Assistant Professor of Pharmacy Practice at Xavier University College of Pharmacy. I then transitioned to a clinical pharmacist for an integrated healthcare network comprised of approximately 1,200 physicians. Additionally, I've had the privilege of being the Director of Pharmacy at West Jefferson Medical Center in Marrero, LA. Throughout this period, I worked as needed for Target Pharmacy until it was sold to CVS. These experiences have afforded me invaluable networking opportunities that contributed to me obtaining my current role.

What skills, abilities, and personal attributes are essential to succeed in your position?

My current role requires interpersonal skills, excellent communication skills, the ability to adapt to the needs of various “customers” and a broad range of pharmacy knowledge across multiple areas of expertise.

What is the most impactful/innovative contribution(s) you made to the field of pharmacy?

I had the wonderful opportunity to work with Xavier University College of Pharmacy and West Jefferson Cancer Center in order to create and implement an outpatient oncology pharmacy service. I advocated to have a Xavier clinical faculty member provide clinical pharmacy services to patients receiving chemotherapy in the clinic. This provided a new role for a Xavier faculty member, a unique learning environment for pharmacy students, and one-on-one consultations to patients receiving chemotherapy.

What challenges did you face and how did you overcome?

As a new Clinical Faculty member in the College of Pharmacy at Xavier, my most challenging obstacle was creating an effective and adaptable teaching style. My performance during my first set of lectures was less than stellar. The last thing I wanted to do was not meet the needs of the students. I realized that I had to master the content, be prepared on how to answer specific questions and communicate the content in a concise and simple format. I had to figure out how to convey 20 pages worth of information into 20 slides in a PowerPoint presentation while keeping over 120 students engaged. Ultimately, I had to become passionate about learning and communicating in order to be an engaging and effective teacher. I continue to use the skills I've gained as a faculty member in order to engage and educate various healthcare providers and administrative leaders.

How has your contribution(s) addressed any current issues/trends in pharmacy practice?

During my tenure as Director of Pharmacy at West Jefferson Medical Center, I promoted hiring based on quality attributes in addition to formal training and experience. As positions became available, it was difficult to find pharmacists and pharmacy technicians who had adequate hospital experience. I wanted to create opportunities for new graduates to “train on the job” instead of requiring a pharmacy residency or a previous hospital intern position. I advocated to hire staff with good work ethic and would be a good fit in the West Jefferson Pharmacy Department. Alternatively, I would encourage pharmacy students to hone in on their skills as employees and not just demonstrating their experience as a “good pharmacy student”. The job market for pharmacists is very competitive and students must find different ways to **stand out**.

Current Position: LCMC
Health System Clinical
Pharmacist

Education: Xavier
University of Louisiana

Postgraduate Training:
PGY-1 Pharmacy Practice
Residency: Ochsner
Medical Center

Master of Public Health:
Tulane University School
of Public Health and Tropical
Medicine



PRECEPTOR SPOTLIGHT

Raven Jackson, PharmD

The most impactful contribution I've made at my site has been the development and facilitation of a quarterly diabetes education classes for the hospital. A nurse was previously providing education but after some time, the program ended. Seeing the void and the need, I reached out to the director of pharmacy stating my interest in providing something similar. With her support, I was able to develop a completely new pharmacist-led diabetes education program which has serviced patients since March 2018.

As a preceptor, I am most motivated by knowing where my students will be in the near future. Despite everything that they have going on, when they're with me, I want them thinking about how each and every learning moment will benefit their future as a pharmacist. As a semi-recent graduate, I know some of the obstacles they're going to face and I try to prepare them for that as best I can. I want them to leave me more confident and more practice-ready.

My advice to aspiring and/ or new practitioners is that being great at anything requires constant learning. Learning forces you to change and stretch your way of thinking. It's a humbling and necessary part of growth. Don't fight it.

Practice Site: Diabetes Medication Management and Bariatric Post Surgery Medication Management at The Family Doctors and Surgical Center-West Jefferson Medical Center

Specialty Area: Ambulatory Care

Education: Xavier University

Postgraduate Training: PGY-1 Community Pharmacy Residency: Purdue University College of Pharmacy and Walgreens Co. (Indianapolis, IN)

Health Awareness: HIV/AIDS

Acquired Immunodeficiency Syndrome (AIDS) is a potentially life-threatening condition caused by the Human Immunodeficiency Virus (HIV). Statistics indicate that 1-in-7 living with HIV are unaware of their infection. Safe sex and behavioral practices dramatically reduce the risk of transmitting or acquiring sexually transmitted diseases.

With the advancement of the pharmaceutical industry, pre-exposure prophylaxis (PrEP) has been identified to reduce the risk of getting HIV by 99%. As pharmacists and lifelong educators, it is important that we educate our community, patients, family and friends about the preventive options that are available and encourage them to know their status by getting tested.

About the Residency Program

Learn more about the Pharmacy Residency Program at Xavier University of Louisiana. For more information, please contact us at:

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