It is important for you to be a good listener in class; just hearing what teachers say is not the same as listening to what they say. Listening is a cognitive act that requires you to pay attention, think and mentally process what you hear. Here are some things you should do to become a good listener in class.

**Be Cognitively Ready to Listen**
- Think about what you know about the topic that will be covered in class that day.

**Be Emotionally Ready to Listen**
- Make a conscious choice to find the topic useful and interesting.

**Listen with a Purpose**
- Identify what you expect and hope to learn from the class session. Listen for these things as your teacher talks.

**Listen with an Open Mind**
- Be receptive to what your teacher says.

**Be Attentive**
- Focus on what your teacher is saying.

**Be An Active Listener**
- Taking notes requires you to make decisions about what to write, and you have to be an active listener to do this.

**Meet the Challenge**
- Don’t give up and stop listening when you find the information being presented difficult to understand.

**Triumph over the Environment**
- The classroom may be too noisy, too hot, too cold, too bright, or too dark. Don’t give in to these inconveniences.