

Workshop for Premeds at Xavier University of Louisiana  
**Where To Go For What on XU's Campus** (Updated 6/27/11)

This is the sheet is to be completed by freshmen early in the fall term using the "Where to Go For What on XU's Campus" information sheet. It is available in the Premedical Office.

1. What is your major?
2. Who is the chairperson of the Department in which you are majoring?
3. Where is the main office of the Department in which you are majoring located?
4. Who is your Academic Adviser?
5. Where is your Academic Adviser's Office located?
6. How often should you visit your Academic Adviser?
7. In addition to visiting your adviser at least ONCE A WEEK, what other office on XU's Campus should you stop by to pick up checked items, review the Health Professions Recruiter Schedule, etc.???

Signature \_\_\_\_\_ Date \_\_\_\_\_

Printed Name \_\_\_\_\_

**(OVER)**

**8. For each of the following items, indicate where you would go for assistance. If there is more than one place you could get the indicated information, list all (in the order they should be visited).**

- a) Information about material covered on the MCAT: \_\_\_\_\_
- b) Information about Osteopathic Medicine: \_\_\_\_\_
- c) To find out if a given XU course will count toward your graduating from XU in your present major: \_\_\_\_\_
- d) To find out what specific courses are required and recommended for entry into medical, dental, etc. school: \_\_\_\_\_
- e) Information about whether or not you should drop a course in which you are not doing well: \_\_\_\_\_
- f) A form to fill out so you can take a course off-campus during the summer: \_\_\_\_\_
- g) Information about academic support programs on XU's Campus: \_\_\_\_\_
- h) Information about financial aid: \_\_\_\_\_
- i) Assistance with career exploration, mock interviews, and resumé writing: \_\_\_\_\_
- j) Assistance in deciding if you are in the correct major: \_\_\_\_\_
- k) Someone to talk to because you are feeling alone and depressed: \_\_\_\_\_
- l) Information about graduate school: \_\_\_\_\_
- m) Information about UNCF scholarships: \_\_\_\_\_
- n) To have a copy of your XU transcript sent to another school: \_\_\_\_\_
- o) To have a copy of grades earned at another college sent somewhere: \_\_\_\_\_
- p) To get an Adviser's Card: \_\_\_\_\_
- q) To get your adviser's card signed for points in G. Bio or G. Chem: \_\_\_\_\_
- r) To take an inventory test to help you decide what type of work you would like best: \_\_\_\_\_
- s) To get some tips on how to do better in your biology class: \_\_\_\_\_
- t) To get some tips on how to do better in your chemistry class: \_\_\_\_\_
- u) To get help with a mathematics problem in your General Chemistry Handbook: \_\_\_\_\_
- v) To get help with a math problem in the statistics class you are taking: \_\_\_\_\_
- w) To get information about research opportunities in your major: \_\_\_\_\_
- x) To find out what kind of jobs are available if you get a degree in your present major but do not go to medical, dental, etc. school: \_\_\_\_\_
- y) To get information about premed summer enrichment or research programs: \_\_\_\_\_
- z) To find out what courses you need to take next semester: \_\_\_\_\_
- aa) To get forms to collect and send letters of evaluation to premed programs and health professions schools: \_\_\_\_\_
- bb) To get information regarding membership in Alpha Lambda Delta First Year Honor Society: \_\_\_\_\_
- cc) To find out about volunteer opportunities available through Xavier: \_\_\_\_\_
- dd) To get help rewriting a lab report: \_\_\_\_\_
- ee) To get feedback on a medical/dental career essay and special premed post-secondary experiences form: \_\_\_\_\_
- ff) To find out what you have to do to improve your performance in English: \_\_\_\_\_
- gg) To find out what medical, dental, etc. recruiters will be coming to XU this semester: \_\_\_\_\_
- hh) To find out what freshman premeds should be doing at the present time: \_\_\_\_\_
- ii) To update your address because you moved: \_\_\_\_\_
- jj) To get an unofficial copy of your transcript: \_\_\_\_\_
- kk) To get your XULA webmail or banner password reset: \_\_\_\_\_
- ll) To update your email address if you are not receiving weekly premed emails: \_\_\_\_\_
- mm) To get help with grammar and usage when revising your medical/dental career essay: \_\_\_\_\_
- nn) To make a payment on your account balance: \_\_\_\_\_
- oo) To get a form to change your major: \_\_\_\_\_
- pp) To get information about volunteering in a hospital or other medical setting: \_\_\_\_\_
- qq) To inquire about shadowing opportunities with a physician, dentist, etc.: \_\_\_\_\_

**If you have any questions or concerns about “Where to Go for What on XU’s Campus” (or elsewhere), please don’t hesitate to ask!!!**

**Please turn in this sheet after completing it.**