



XAVIER UNIVERSITY OF LOUISIANA

Premedical Office

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To: Freshman Premeds
From: Premedical Office
Date: April 11, 2011

Today is the LAST Freshman Premed Meeting for the 2010-2011 academic year. We sincerely hope that as a result of your participation, you are closer to realizing your goal of gaining acceptance into medical, dental, etc. school.

Be advised that **GRADES** should continue to be your first priority; in addition, however, you should stay focused on all of the “Premed” things that the PM Office recommends that you do in order to be a **MORE COMPETITIVE APPLICANT**. Be sure to check your email daily, attend all premed meetings scheduled for your class next year, AND submit items to be checked when the PM Office asks you to do so.

And, if you missed any of the Freshman Premed Meetings in the Fall of 2010 or Spring of 2011, please stop by the Premed Office or go to <http://www.xula.edu/premed/PMInfo/PMIndex.htm> to make them up.

We wish you luck for the remainder of this semester and hope you have a safe (and productive) summer!!!

REMINDER: You should actively read magazines such as *Time* or *Newsweek* from cover to cover EACH WEEK to help prepare you for the very difficult verbal reasoning portion of the MCAT, DAT, and similar tests. In addition, reading two (or more) substantive novels over the summer will also help.

Lagniappe: If you want to put your critical thinking/verbal reasoning skills to the test by doing practice verbal passages this summer, you might utilize one (or both) of the following:

* *10 Actual, Official LSAT PrepTests*, a publication of the Law School Admission Council. The Reading Comprehension section offers great practice for the verbal reasoning portion of the MCAT. You may purchase the book from Barnes and Noble or any major bookstore.

* *Examkrackers 101 Passages in MCAT Verbal Reasoning*. It is available available at <https://www.examkrackers.com/store/> or any major bookstore.