

Workshop for Premeds at Xavier University of Louisiana
Assessing Grades after 1st Hour Exams

This sheet is to be completed by freshman premeds immediately following the first exams in General Biology and General Chemistry during the fall semester. This sheet must be turned in before leaving the workshop. (Updated 7/26/11)

MODVOP #1 Review

1. What should be the main priority of a new freshman premed?

2. Medical/Dental Schools look at science and non-science grades separately. What courses are included in your science GPA?

Assessing Your Chance of Getting Into Med, Dent, Grad, etc. School

3. What cumulative GPA and science (BCPM) GPA do you generally need to have 85% or better chance of getting accepted into each of the following types of schools based on grades ONLY?

- | | | |
|----------------------------|---------------------------|---------------------------|
| --Medical (M.D.) school? | --Medical (D.O.) school? | --Dental (D.D.S.) school? |
| --Optometry (O.D.) school? | --Podiatry (P.D.) school? | --Public Health school? |

4. The number of students who apply to osteopathic medical school, dental school, optometry school, podiatry school, and public health/graduate school is FEWER THAN those who apply to allopathic medical school (M.D.) As a result, it is sometimes easier to gain entry into these types of health professions schools when compared to allopathic medical school. Does this mean that it is easier to successfully complete these programs? Explain.

5. It is IMPERATIVE that you make grades your top priority as a freshman premed AND continually evaluate your performance in your coursework. In the table below, circle the courses that you are currently enrolled in and then indicate the number grade you received on EXAMS you've had in each so far.

CIRCLE Course(s)	Biol 1230/Biol 1240	Chem 1010/ Chem 1020	Math (_____)
Number Grade on 1 st Hour Exam			
Number Grade on 2 nd Hour Exam			

6. If you made a "C" or below in any of the courses that you listed in #5 **OR** if you want to maintain/exceed your performance in courses which you made a "B" or better, please describe your plans to do so below.

Signature _____ Date _____

Printed Name _____

(OVER)

7. According to the "Study Hints" document, what two (2) additional things should students consider in order to maximize success in their coursework?

1)

2)

8. If you believe that test anxiety (or other issues) negatively impacts your academic and/or overall well-being, what two (2) places on XU's campus can provide you with support?

1)

2)

Assessment Overview (How to Calculate your GPA)

9. Upon completion of every semester at XU, premeds are encouraged to calculate their cumulative GPA and science GPA so that they can evaluate their performance the same way that medical, dental, etc. schools do. In the process of evaluating your grades, semester-by-semester, there are certain factors that admissions committees consider which may help (or hurt) your chances of gaining entry. Please list the following:

*Factors in a semester that would tend to improve your overall evaluation/chances of gaining entry based on grades...

1)

2)

*Factors in a semester that would tend to lower your overall evaluation/chances of gaining entry based on grades...

1)

2)

3)

4)

5)

10. If you don't make the grades, this semester, that give you at least a 90% chance of gaining entry based on grades only, could you still get into the type of school that you plan to apply to the summer between your junior and senior years?

11. How many hours are you working (per week) this semester ON and/or OFF campus?

___ None ___ 1-10 hours ___ 11-20 hours ___ >20 hours

12. Do you have to work to pay for school?

___ Yes ___ No

13. Comment on other things that may be negatively impacting your academic performance at this time (if applicable).