

PERSONAL & FAMILY HURRICANE PREPAREDNESS PLAN

| Actions to Take In Advance of Hurricane Season | (✓) |
|---|-----|
| Plan for specific places to go (depending on the hurricane route) in case you have to evacuate. Obtain maps, plan routes, get contraflow information. | |
| Make a list of important contact numbers to take with you in case you have to evacuate: family/friends/work/muster/insurance companies/financial/etc. | |
| Collect all important papers, documents, and information (checklist below). Put them in a water proof container. | |
| Designate a person/number outside the hurricane zone where family and friends can check-in. | |
| Plan for a way to evacuate. Make sure your vehicle is in good working order. Keep a full tank of gas if a storm threatens. Have an emergency car kit. Make sure your driver's license, car inspection sticker and car insurance are all current. If you do not have a vehicle, make alternate arrangements. | |
| Regularly copy your computer hard drive to a portable disk or thumb drive. | |
| Photograph an inventory of your belongings. | |
| Make at least one extra set of keys for your residence. | |
| Update your military record of family members and SGLI information. | |
| Obtain ALL Hurricane Kit items relevant to your circumstances. | |
| | |

| Actions to Take if You Stay During a Hurricane | (✓) |
|--|-----|
| Make sure that you have ALL relevant hurricane kit items ON HAND. | |
| Let your family/friends/work know where you are planning to stay. | |
| Move valuables and heirlooms to a protected location. | |
| Back up your hard drive and put a copy in a safe place. | |
| Unplug all electronics including computer and move them to a safe place. | |
| Empty your refrigerator and freezer of items that would spoil. | |
| Secure your home inside and out—especially items that can become hazards during high winds. | |
| Be prepared to turn off gas — know how to do this in advance. | |
| Put all of your important papers and documents in a water proof container in a high, safe place. | |
| Keep one land-line phone in the home. | |
| Have flotation devices (life jackets, etc.) available. | |
| Have tools such as an axe, chain saw, hatchet available. | |
| Move your vehicle to a high and dry location if possible. | |
| | |



NAS Community Support Center – Belle Chasse, LA
(504) 678-7569
Hurricane Recovery and Hurricane Preparedness Services

PERSONAL & FAMILY HURRICANE PREPAREDNESS PLAN

| Actions to Take if You Evacuate For a Hurricane | | (√) |
|--|--|-----|
| Pack up and take ALL relevant hurricane kit items. | | |
| Let your family/friends/work know where you are planning to go, including address and phone number. | | |
| Move valuables & heirlooms to a protected location or bring with you. | | |
| Back up computer hard drive and bring a copy with you. | | |
| Unplug all electronics and move to a high, safe location. | | |
| Empty your refrigerator and freezer of all perishable items. | | |
| Secure your home inside and out—especially items that can become hazards during high winds. | | |
| Turn off electricity/gas. | | |
| Leave a note in a conspicuous place in your home telling where you are going and how you can be reached. | | |
| Bring sufficient cash and a credit card. | | |
| If you are not taking your vehicle, move it to a high and dry location. | | |
| | | |

HURRICANE KIT

| Important Papers, Documents, & Information | (√) | | (√) |
|--|-----|--|-----|
| Watertight, portable container to carry papers | | List of emergency contacts, important phone numbers, and e-mail addresses | |
| Personal Identification | | Cash, credit/debit cards, checkbook | |
| Driver's License | | Phone cards | |
| Hurricane Card | | Marriage certificate, Divorce decree | |
| Social Security Cards | | State and federal tax records | |
| Photographic inventory of personal property | | Retirement accounts and names, address and phone numbers | |
| Passport | | Deeds, Lease | |
| Insurance Policy Information & Cards: <ul style="list-style-type: none"> • Automobile • Health, Life • Homeowners, Flood, Fire • Renters | | Account numbers, company name, address, phone numbers: <ul style="list-style-type: none"> • Bank accounts • Credit cards • Stocks and bonds | |
| Health & Immunization records | | Citizenship papers | |
| Car title and registration | | Birth Certificates, Adoption papers | |
| List of prescriptions, physicians | | Powers of Attorney, Wills | |
| | | Safety deposit box key | |
| | | | |

COMMUNITY SUPPORT CENTER 504-678-7569
Hurricane Recovery and Hurricane Preparedness Services



PERSONAL & FAMILY HURRICANE PREPAREDNESS PLAN

| Food and Water Supplies | (√) | Clothing/Bedding Supplies | (√) |
|---|------------|--|------------|
| Food - a one-week supply of non-perishable items: <ul style="list-style-type: none"> • Canned meats, canned fruits and vegetables • Canned or boxed juices, milk, and soup | | Complete changes of clothing for one week, including sturdy shoes or boots, uniforms | |
| Water – a one-week supply (at least one gallon per person per day) | | Rain gear | |
| Powdered milk/beverages | | Blankets/sleeping bags and pillows | |
| Dried fruits and nuts, granola bars, peanut butter, jelly, crackers | | Sunglasses | |
| | | | |
| | | | |

| Medications/Health Supplies | (√) | Baby Supplies | (√) |
|--|------------|---------------------------|------------|
| Prescription medications | | Canned or powered formula | |
| Non-prescription drugs (pain relievers, antacids, antidiarrheals, etc) | | Diapers and wipes | |
| Vitamins | | Bottles and nipples | |
| Extra eyeglasses/contact lenses | | Medications and ointments | |
| | | | |
| | | | |

| Sanitation/Hygiene Supplies | (√) | | (√) |
|---|------------|--|------------|
| Washcloths and towels | | Toilet paper | |
| Towelettes, soap, hand sanitizer | | Cosmetics, Mirror | |
| Personal Hygiene Supplies: Toothpaste, toothbrushes, shampoo, comb/brush, deodorants, razor, shaving cream | | Disinfectant and household chlorine bleach (16 drops of bleach will disinfect a gallon of water) | |
| Contact lens solution | | Feminine supplies | |
| | | | |
| | | | |

| Kitchen Items | (√) | | (√) |
|--|------------|---|------------|
| Mess kits or paper cups and plates, plastic utensils | | Re-sealable plastic bags, aluminum foil, and plastic wrap | |
| Manual can opener | | Paper towels | |
| All-purpose knife | | Small cooking stove and cooking fuel | |
| | | | |
| | | | |

COMMUNITY SUPPORT CENTER 504-678-7569
Hurricane Recovery and Hurricane Preparedness Services



PERSONAL & FAMILY HURRICANE PREPAREDNESS PLAN

| First Aid Supplies | (√) | | (√) |
|--|-----|---|-----|
| First aid kit (sterile gauze, bandages, safety pins, needles, scissors, antiseptic wipes & ointment) | | Germicide hand wipes or waterless, alcohol-based hand sanitizer | |
| Alcohol and peroxide | | Antibacterial ointment | |
| Cold pack | | Sunscreen | |
| Tweezers, scissors | | Insect repellent | |
| Thermometer | | First aid manual | |
| | | | |
| | | | |

| Tools & Other Essentials | (√) | | (√) |
|---|-----|---|-----|
| Portable, battery-powered radio or television and extra batteries | | Cell phone/satellite phone with fully charged batteries and charger | |
| Extra set of keys | | Signal flare | |
| Maps | | Candles | |
| Two flashlights or battery powered lanterns and extra batteries | | Matches in a waterproof container (or waterproof matches & lighter) | |
| Shut-off wrench, pliers, shovel, axe, hatchet and other tools | | Small canister, ABC-type fire extinguisher | |
| Duct tape | | Flotation devices | |
| Plastic sheeting | | Jumper cables | |
| Heavy duty garbage/trash bags | | Work gloves | |
| Paper, pens, and pencils | | Battery-operated alarm travel clock | |
| Needles and thread | | | |
| | | | |
| | | | |

| Pet Items | (√) | | (√) |
|------------------|-----|---|-----|
| Pet carrier(s) | | Food, water, and medicine for one week. | |
| | | | |
| | | | |

| Comfort Items | (√) | | (√) |
|-----------------------------|-----|------------------|-----|
| Cards, games, entertainment | | Books, magazines | |
| Toys | | | |
| | | | |
| | | | |

COMMUNITY SUPPORT CENTER 504-678-7569
Hurricane Recovery and Hurricane Preparedness Services

