

* 10-11:50	Techniques Class (Play, lead-up, relays, board games, etc)	Gym
* 10-2:00	"Boning Up on Osteoporosis" - Screening (Pharmacy Women's Health Program)	UC Ballroom
*10-2:00	Mosquitoes and Termite Exhibit - N.O. Mosquito and Termite Control Board (Tri-Beta Biology Honor Society)	UC Ballroom
* 10-2:00	Certified Personal Trainer (French Rivera Spa)	UC Ballroom
* 10-2:00	Blood Glucose and Cholesterol Screenings (Center for Minority Health and Health Disparities Research and Education)	UC Ballroom
* 10-2:00	Bone Marrow Donation (African Americans Uniting for Life, NAACP)	UC Ballroom
10-2:00	LOPA Display (Louisiana Organ Procurement)	UC Ballroom
10-2:00	Healthy Aging (Council on Aging)	UC Ballroom
* 10-2:00	Blood Pressure Screenings Yoga, Body Fat Analysis, STD, Breast Cancer Display (LSU School of Nursing)	UC Ballroom
10-2:00	Mental Health (Metropolitan Behavioral Health)	UC Ballroom
10-2:00	Domestic Violence Awareness Display (Natalie Ambrose) Crescent House Healing & Empowerment Center)	UC Ballroom
10-2:00	LA Spirit - Community Resources (Catholic Charities)	UC Ballroom
10-2:00	Suicide Prevention (LA Partnership for Youth Suicide Prevention)	UC Ballroom
10-2:00	CADA - (Council on Alcohol and Drug Abuse)	UC Ballroom
10-2:00	VIA Link - United Way Agency	UC Ballroom
* 10-2:00	HIV Testing (N'R Peace)	UC Rooms 205 & 205C
* 11-11:50	Basic Aerobics Class	Gym
11-1:00	Nutrition Advisory Council (Hall Council and Resident Assistants)	UC Ballroom
* 12-12:50	Step Aerobics Class	Gym
* 12-1:00	Body Fat Analysis (Physical Education Dept.)	Gym - Room 3A
12-12:30	Spiritual Wellness Mass	Chapel
* 12-1:00	Blood Pressure Screening Pharmacy Students Association)	Pharmacy Lobby & UC Ballroom

HEALTH EXHIBIT

10-2:00	Fat & Sugar Display - (Student Health Services)	UC Lobby 1 st floor
* 5-7:00	"Night for a Cure" - Breast Cancer Program (Kappa Epsilon Pharmaceutical Fraternity, Inc (rain location: room 205)	UC Terrace
6-7:00	Women's Bible Study (Campus Ministry)	UC 2 nd Floor, Student Lounge
* 7-8:30	"Identifying Healthy Relationships" -Lawanda White (Minority Association of Pre-Health)	NCF Auditorium
8-9:00	Men's Bible Study (Campus Ministry)	St Michael's Hall

THURSDAY, October 23

* 9-11:30	Hearing Test (Speech Pathology)	XS-Room 505
* 10-2:00	HIV Testing (Excelth)	Student Health Services (2 nd floor)
* 10:50-11:40	Basic Aerobics Class	Gym
12-12:30	Spiritual Wellness Mass	Chapel
* 12-1:00	Body Fat Analysis (Physical Education Dept.)	Gym - Room 3A
*12-1:00	"Things You Should Know" (Brenda Medley, RN, NP-C SHS)	UC Room 205C
* 12-1:00	Blood Pressure Screening (Pharmacy Students Association)	Pharmacy Lobby & UC Lobby 1 st Floor

HEALTH EXHIBIT

12-1:00	Alcohol and Drugs: "How Much is Too Much" (Wellness Peer Counselors)	UC Lobby 1 st Floor,
10-2:00	Breast and Prostate Cancer Display (Simone Galatas, Astra-Zeneca)	UC Lobby 1 st Floor
* 1-3:00	"Test Your Stress: Stress Management Techniques" (Counseling Staff, Wellness Peer Counselors)	Counseling Center
5-6:00	Line Dancing (Athletic Department)	XS Fitness Center
* 7-9:00	Woman to Woman Health Issues for Women Dr. Lapeyrolierie (Junior Class)	UC Ballroom B
* 7-9:00	Man to Man Health Issues for Men- Dr. Joseph Labat (SHS) and Dr. Ryan Pasternak (LSUHCS) (Junior Class and St. Michael Residence Hall)	St. Michael's Hall

FRIDAY, October 24

* 9-9:50	Step Aerobics	Gym
* 11-11:50	Basic Aerobics Class	Gym
* 12-1:00	Body Fat Analysis (Physical Education Dept.)	Gym - Room 3A
* 12-1:00	Blood Pressure Screening (Pharmacy Students Association)	Pharmacy Lobby & 1 st Floor, UC Lobby

HEALTH EXHIBIT

10-12	Breast Cancer Awareness Display (Student Health Services)	UC
12-12:30	Spiritual Wellness Mass	Chapel
1-2:00	Centering Prayer (Sr. Mary Stachow, SBS)	UC Room 205C
* 4-5:30	CLOSING CEREMONY Warm-up (4:15 p.m.) "WALK-A- MILE" with President Francis (4:30) (SGA/XAB, Physical Education, Athletic, Recreational Sports. Wellness Network, sophomore Class)	UC Terrace UC Area UC Area

PRIZES/REFRESHMENTS/PRIZES

5:30 - until **OCTOBERFEST** UC Area

*****Attendance at six or more different Wellness Week activities with asterisk will make you eligible to win valuable prizes. Turn in Passport at Counseling Center, Main Campus, Bldg. 15, Between the 2 Female Halls (St. Joseph and St. Katharine Drexel)**