

Season Leaders

Active players in bold type

Points		
No. Name	Points	Season
1. Henrietta Mitchell	757	1989-90
2. Demetria Lang	687	1986-87
3. Cassee Davis	607	1995-96
4. Cassee Davis	594	1997-98
5. Connie Gillard	571	1988-89

Points Per Game		
No. Name	PPG	Season
1. Henrietta Mitchell	26.1	1989-90
2. Demetria Lang	25.4	1986-87
3. Connie Gillard	21.0	1983-84
4. Demetria Lang	19.5	1985-86
5. Henrietta Mitchell	19.4	1987-88

Rebounds		
No. Name	Rebounds	Season
1. Demetria Lang	419	1986-87
2. Gwendolyn Brule	376	1980-81
3. Gwendolyn Brule	345	1981-82
4. Henrietta Mitchell	318	1987-88
Sherlett Hendy	318	1991-92

Rebounds Per Game			
No. Name	RPG	Season	
1. Demetria Lang	15.5	1986-87	
2. Gwendolyn Brule	13.9	1980-81	
3. Gwendolyn Brule	12.3	1981-82	
4. Henrietta Mitchell	11.8	1987-88	
5. Carolyn Graham	11.3	1982-83	

Field Goals		
No. Name	FG	Season
1. Henrietta Mitchell	320	1989-90
2. Demetria Lang	287	1986-87
3. Cassee Davis	259	1995-96
4. Connie Gillard	241	1983-84
5. Cassee Davis	246	1997-98

Field-Goal Percentage		
No. Name	FG Pct.	Season
1. Demetria Lang	.592	1984-85
2. Sherlett Hendy	.579	1991-92
3. Kim Simpkins	.565	1996-97
4. Azuree Evans	.563	1992-93
5. Gwendolyn Brule	.562	1980-81

Three-Point Field Goals		
No. Name	3FG	Season
1. Courtney Simon	70	1987-88
2. Courtney Simon	69	1989-90
3. Lynzi Taylor	66	1998-99
4. Courtney Simon	65	1988-89
5. Jarryn Cleaves	58	2004-05
6. Jarryn Cleaves	55	2003-04

Three-Point Field-Goal Percentage		
No. Name	3Pct.	Season
1. Vashita Wells	.452	1997-98
2. Tashika Parquet	.407	1994-95
3. Lynzi Taylor	.400	1998-99
4. Courtney Simon	.369	1988-89
5. Jarryn Cleaves	.367	2003-04

Free Throws		
No. Name	FT	Season
1. Antasha Jones	149	1994-95
2. Kim Simpkins	122	1996-97
3. Henrietta Mitchell	117	1989-90
4. Demetria Lang	113	1986-87
5. Sherlett Hendy	108	1992-93

Free-Throw Percentage		
No. Name	FT Pct.	Season
1. Sheleen Jones	.837	1989-90
2. Gina Driver	.791	1984-85
3. Jarryn Cleaves	.788	2003-04
4. Courtney Williams	.771	2004-05
5. Ferris Peters	.762	2003-04
6. Connie Gillard	.741	1983-84

Assists		
No. Name	Assists	Season
1. Delanor Junis	228	1988-89
2. Vashita Wells	209	1995-96
3. Regina Bowen	208	1986-87
4. Delanor Junis	185	1987-88
5. Regina Bowen	169	1984-85

Assists Per Game		
No. Name	APG	Season
1. Regina Bowen	7.7	1986-87
2. Delanor Junis	7.6	1988-89
3. Darcel Kemo	7.2	1982-83
4. Delanor Junis	7.1	1987-88
5. Vashita Wells	6.1	1995-96

Career Leaders

Active players in bold type

Points		
No. Name	Points	Seasons
1. Henrietta Mitchell	2,074	1986-90
2. Cassee Davis	2,042	1994-98
3. Sherlett Hendy	1,833	1990-94
4. Antasha Jones	1,799	1993-97
5. Demetria Lang	1,722	1983-87

Points Per Game		
No. Name	PPG	Seasons
1. Demetria Lang	19.1	1983-87
2. Henrietta Mitchell	18.4	1986-90
3. Cassee Davis	16.3	1994-98
4. Sherlett Hendy	15.8	1990-94
5. Kay Williams	15.2	1977-81

Rebounds		
No. Name	Rebounds	Seasons
1. Henrietta Mitchell	1,138	1986-90
2. Demetria Lang	1,100	1983-87
3. Sherlett Hendy	1,071	1990-94
4. Gwendolyn Brule	1,046	1978-82
5. Cassee Davis	1,011	1994-98

Rebounds Per Game		
No. Name	RPG	Seasons
1. Demetria Lang	12.2	1983-87
2. Gwendolyn Brule	11.9	1978-82
3. Henrietta Mitchell	10.1	1986-90
4. Sherlett Hendy	9.2	1990-94
5. Cassee Davis	8.1	1994-98

Field Goals		
No. Name	FG	Seasons
1. Henrietta Mitchell	866	1986-90
2. Cassee Davis	862	1994-98
3. Demetria Lang	728	1983-87
4. Sherlett Hendy	723	1990-94
5. Antasha Jones	662	1993-97

Field-Goal Percentage		
No. Name	FG Pct.	Seasons
1. Demetria Lang	.548	1983-87
2. Sherlett Hendy	.530	1990-94
3. Kim Simpkins	.538	1996-99
4. Gina Driver	.518	1983-85
5. Cassee Davis	.516	1994-97

Three-Point Field Goals		
No. Name	3FG	Seasons
1. Courtney Simon	204	1992-96
2. LaShawn Henry	129	1988-92
3. Jarryn Cleaves	113	2003-05
4. Lynzi Taylor	107	1996-99
5. Rontashala Williams	96	1993-97
6. Carla Robinson	91	2002-05
7. Catina Stewart	83	1997-00

Three-Point Field-Goal Percentage		
No. Name	3Pct.	Seasons
1. Jarryn Cleaves	.358	2003-05
2. Lynzi Taylor	.347	1996-2000
3. Chantira Johnson	.321	1992-94
4. Vashita Wells	.320	1994-98
5. Courtney Simon	.318	1986-90
6. LaShawn Henry	.305	1990-94

Free Throws		
No. Name	FT	Seasons
1. Antasha Jones	415	1993-97
2. Sherlett Hendy	387	1990-94
3. Henrietta Mitchell	342	1986-90
4. Cassee Davis	308	1994-98
5. Kim Simpkins	307	1996-99

Free-Throw Percentage		
No. Name	FT Pct.	Seasons
1. Gina Driver	.772	1983-85
2. Jarryn Cleaves	.752	2003-05
3. Esther Spikes	.689	1977-81
4. Cassee Davis	.689	1994-98
5. Elisha Tardy	.688	1988-92
6. Courtney Simon	.685	1986-90

Assists		
No. Name	Assists	Seasons
1. Delanor Junis	640	1985-89
2. Vashita Wells	555	1994-98
3. Regina Bowen	531	1983-87
4. Antasha Jones	446	1993-97
5. Catina Stewart	389	1990-94

Assists Per Game		
No. Name	APG	Seasons
1. Regina Bowen	6.1	1983-87
2. Delanor Junis	5.8	1985-89
3. Vashita Wells	5.1	1994-98
4. Darcel Kemp	4.5	1979-83
5. Aquelyn Merricks	4.1	1978-91

Games Played		
No. Name	Games	Seasons
1. Antasha Jones	132	1993-97
2. Cassee Davis	125	1994-98
3. Jackie Tucker	124	2000-04
4. Courtney Williams	117	2000-05
5. Sherlett Hendy	116	1986-90
LaShawn Henry	116	1990-94
6. Henrietta Mitchell	113	1986-90

Records

Individual

Points

Game: 50—Demetria Lang vs. SUNO, Feb. 10, 1987
Season: 757—Henrietta Mitchell, 1989-90
Career: 2,074—Henrietta Mitchell, 1986-90

Points Per Game

Season: 26.1—Henrietta Mitchell, 1989-90
Career: 19.1—Demetria Lang, 1983-87

Field Goals

Game: 22—Demetria Lang vs. SUNO, Feb. 10, 1987
Season: 320—Henrietta Mitchell, 1989-90
Career: 866—Henrietta Mitchell, 1986-90

Field-Goal Attempts

Game: 34—Venola Johnson vs. Southern, Nov. 12, 1979
Season: 603—Henrietta Mitchell, 1989-90
Career: 1,795—Henrietta Mitchell, 1986-90

Field-Goal Percentage

Game: 1.000—Venola Johnson vs. Louisiana-Monroe, Jan. 5, 1978 (10 of 10)
Season: .592—Demetria Lang, 1984-85
Career: .548—Demetria Lang, 1983-87

Three-Point Field Goals

Game: 7—Courtney Simon vs. Belhaven, Feb. 18, 1989
Season: 70—Courtney Simon, 1987-88
Career: 204—Courtney Simon, 1986-90

Three-Point Field-Goal Attempts

Game: 16—Courtney Simon vs. Texas College, Nov. 11, 1987
Season: 248—Courtney Simon, 1987-88
Career: 641—Courtney Simon, 1986-90

Three-Point Field-Goal Percentage

Game: .833—Lynzi Taylor vs. Paul Quinn, Dec. 15, 1998 (5 of 6)
Season: .452—Vashita Wells, 1997-98
Career: .358—Jarryn Cleaves, 2003-present (113 of 316)

Free Throws

Game: 14—Antasha Jones vs. Salem International, March 16, 1995
Season: 149—Antasha Jones, 1994-95
Career: 415—Antasha Jones, 1993-97

Free-Throw Attempts

Game: 23—Connie Gillard vs. Southern, Feb. 28, 1983
Season: 204—Antasha Jones, 1997-98
Career: 631—Antasha Jones, 1993-97

Free-Throw Percentage

Game: .933—Antasha Jones vs. Salem International, March 16, 1995 (14 of 15)
Season: .837—Sheleen Jones, 1989-90
Career: .772—Gina Driver, 1983-85

Rebounds

Game: 25—Gwendolyn Brule vs. Bishop, Jan. 10, 1982
Season: 419—Demetria Lang, 1986-87
Career: 1,138—Henrietta Mitchell, 1986-90

Assists

Game: 15—Delanor Junis vs. Tougaloo, Feb. 13, 1989
Season: 254—Delanor Junis, 1988-89
Career: 640—Delanor Junis, 1985-89

Team

Most Points

Half: 65 vs. Louisiana Christian, Nov. 3, 1994
Game: 120 vs. Louisiana Christian, Nov. 3, 1994
Season: 2,530 in 1995-96

Most Points Per Game

Season: 80.4 in 1992-93

Widest Winning Margin

Game: 100—Xavier (120) vs. Louisiana Christian (20), Nov. 3, 1994

Most Field Goals

Game: 65 vs. Louisiana Christian, Nov. 3, 1994
Season: 1,016 in 1995-96

Most Field-Goal Attempts

Game: 101 vs. Tougaloo, Feb. 1, 1993
Season: 2,310 in 1995-96

Highest Field-Goal Percentage

Game: .630 vs. Paul Quinn, Dec. 14, 1983
Season: .466 in 1992-93

Most Three-Point Field Goals

Game: 10 vs. Loyola, March 5, 2004
Season: 167 in 2003-04

Most Three-Point Field-Goal Attempts

Game: 25 vs. Spring Hill, Jan. 28, 1999
Season: 504 in 2003-04

Highest Three-Point Field-Goal Percentage

Game: .571 vs. Spring Hill, Feb. 19, 2004
Season: .351 in 1988-89

Most Free Throws

Game: 30 vs. Paul Quinn, Nov. 6, 2004
Season: 509 in 2004-05

Most Free-Throw Attempts

Game: 48 vs. Southern, Feb. 28, 1983
Season: 782 in 2004-05

Highest Free-Throw Percentage

Game: .933 vs. Louisiana College, Feb. 16, 1995
Season: .686 in 2004-05

Most Rebounds

Game: 74 vs. Tougaloo, Feb. 1, 1993
 74 vs. Texas College, Nov. 10, 1988
Season: 1,418 in 1991-92

Most Assists

Game: 35 vs. SUNO, Jan. 29, 1986
Season: 569 in 1980-81

Consecutive Victories

Season: 22 in 1997-98
 18 in 2004-05

H o n o r s

NAIA All-Americans (7 times by 6 players)

First Team

- 1986-87 Demetria Lang (WBCA/Kodak team)
- 1988-89 Henrietta Mitchell (WBCA/Kodak team)
- 1989-90 Henrietta Mitchell (WBCA/Kodak team)
- 1997-98 Cassee Davis

Second Team

- 1980-81 Gwendolyn Brule
- 2003-04 Jackie Tucker



Jackie Tucker

Third Team

- 1995-96 Cassee Davis

Honorable Mention

- 1981-82 Gwendolyn Brule
- 2001-02 Alisheian Graham

NAIA All-America Scholar Athletes

- 2001-02 Portia Jones
- 2002-03 Portia Jones

Arthur Ashe Sports Scholars

- 2001-02 Portia Jones (first team)
Jovanna Miller (third team)
- 2002-03 Portia Jones (first team)
Jovanna Miller (second team)
- 2004-05 Sheronda Nash (first team)
Audrey Jones (first team)

Coca-Cola Community All-American

- 2005-06 Sheronda Nash

GCAC Honor Roll

- 1990-91 Dawn Montgomery
Tampatha Patterson
Dana Pollard
Sedonia Rosette
Catina Stewart
Elisha Tardy
- 1991-92 Sherlett Hendy
Dawn Montgomery
Sedonia Rosette
Catina Stewart
Elisha Tardy
- 1992-93 Tracy Bland
Yasontas Burton
Sherlett Hendy
Sedonia Rosette
Catina Stewart
- 1993-94 Yasontas Burton
Sherlett Hendy
Catina Stewart

- 1994-95 Kaci Baker
Nikia Sherman
- 1995-96 Kaci Baker
Nikia Sherman
- 1996-97 Jamila Brown
Shanna Daniels
Nija Walker
- 1997-98 Nija Walker
- 1998-99 Nija Walker
- 1999-2000 Lesley Jeanpierre
Portia Jones
- 2000-01 LaTasha Coleman
Portia Jones
Jovanna Miller
- 2001-02 Portia Jones
Jovanna Miller
- 2003-04 Nicole Alexander
Jarryn Cleaves
Audrey Jones
Jovanna Miller
Sheronda Nash
Brittany Whitmore
- 2004-05 Audrey Jones
Sheronda Nash
Brittany Whitmore



Sheronda Nash

GCAC Player of the Year

- 1989-90 Henrietta Mitchell
- 1995-96 Cassee Davis
- 1996-97 Antasha Jones, Kim Simpkins
- 1997-98 Cassee Davis
- 2003-04 Jackie Tucker

GCAC Newcomer of the Year

- 1990-91 Sherlett Hendy
- 1996-97 Kim Simpkins

GCAC Freshman of the Year

- 1997-98 Crystal Fleming
- 1999-2000 Alisheian Graham
- 2000-01 Jackie Tucker
- 2001-02 Allison Williams
- 2004-05 Kojavona Hamilton

GCAC Coach of the Year

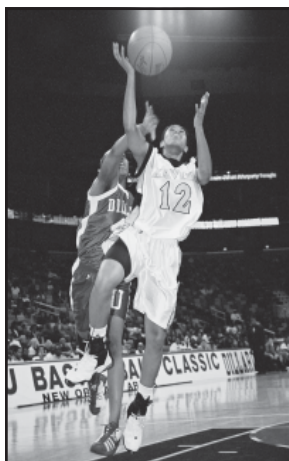
- 1981-82 Dale Valdery
- 1993-94 Janice Joseph
- 1995-96 Janice Joseph
- 1996-97 Janice Joseph
- 1997-98 Janice Joseph
- 2002-03 Bo Browder
- 2003-04 Bo Browder

All-Conference / All-District

- 1980-81 Gwendolyn Brule
Venola Johnson
Kay Williams
- 1981-82 Gwendolyn Brule
Deborah David
Darcel Kemp (honorable mention)
- 1982-83 Connie Gillard
- 1983-84 Connie Gillard
Rebecca Butler (honorable mention)
Dorcas Harvey (honorable mention)
- 1984-85 Gina Driver
Demetria Lang
- 1985-86 Dorcas Harvey
Demetria Lang
Regina Bowen (honorable mention)
- 1986-87 Dorcas Harvey
Demetria Lang
- 1987-88 Henrietta Mitchell
- 1988-89 Delanor Junis
Henrietta Mitchell
- 1989-90 Henrietta Mitchell
- 1990-91 Sherlett Hendy
- 1991-92 Sherlett Hendy
LaShawn Henry
- 1992-93 Yasontas Burton
Sherlett Hendy
- 1993-94 Yasontas Burton
Sherlett Hendy
- 1994-95 Antasha Jones
Nicole Stovall
- 1995-96 Cassee Davis
Antasha Jones
- 1996-97 Cassee Davis
Antasha Jones
Kim Simpkins
- 1997-98 Cassee Davis
Kim Simpkins
Vashita Wells
- 1998-99 Lynzi Taylor
- 1999-2000 Tarana Bell
Lynzi Taylor
- 2000-01 Alisheian Graham
Jackie Tucker
- 2001-02 Alisheian Graham
Jackie Tucker
- 2002-03 Alisheian Graham
Portia Jones
Ferris Peters
Jackie Tucker
- 2003-04 Jarryn Cleaves
Ferris Peters
Jackie Tucker
- 2004-05 Jarryn Cleaves
Courtney Williams



Henrietta Mitchell was all-conference four times and a Kodak/NAIA All-American twice.



Alisheian Graham was all-conference three times and an NAIA honorable-mention All-American her senior year.

All-Conference / All-District Summary

(not including honorable-mention selections)

- **4 times (2 players):** Sherlett Hendy, Jackie Tucker
- **3 times (5 players):** Cassee Davis, Alisheian Graham, Antasha Jones, Demetria Lang, Henrietta Mitchell
- **2 times (8 players):** Gwendolyn Brule, Yasontas Burton, Jarryn Cleaves, Connie Gillard, Dorcas Harvey, Ferris Peters, Kim Simpkins, Lynzi Taylor
- **1 time (11 players):** Tarana Bell, Deborah David, Gina Driver, LaShawn Henry, Venola Johnson, Portia Jones, Delanor Junis, Nicole Stovall, Vashita Wells, Courtney Williams, Kay Williams

All-Louisiana

chosen by the Louisiana Sports Writers Association

- 1981-82 Gwendolyn Brule (second team)
Deborah David (honorable mention)
- 1986-87 Demetria Lang (second team)
- 1989-90 Henrietta Mitchell (third team)
- 1991-92 Sherlett Hendy (third team)
- 1992-93 Yasontas Burton (honorable mention)
Sherlett Hendy (honorable mention)
- 1994-95 Antasha Jones (honorable mention)
- 1995-96 Cassee Davis (third team)
- 1997-98 Cassee Davis (second team)
- 1998-99 Kim Simpkins (honorable mention)
- 2004-05 Jarryn Cleaves (third team)

GCAC Player of the Week

- 2003-04 Ferris Peters (Feb. 16-22)
Jackie Tucker (Jan. 12-18 and Feb. 2-8)
Allison Williams (Jan. 19-25)
- 2004-05 Jarryn Cleaves (Feb. 21-27)

GCAC All-Tournament

- 1995-96 Cassee Davis
Antasha Jones
Vashita Wells (**MVP**)
- 1996-97 Kim Simpkins (**MVP**)
- 1997-98 Cassee Davis
Kim Simpkins (**MVP**)
- 1998-99 Leslie Jeanpierre
Kim Simpkins
- 2003-04 Ferris Peters
- 2004-05 Jarryn Cleaves
Sheronda Nash



Janice Joseph, center, was the GCAC Coach of the Year four times, including each of her last three seasons.