

Xavier University of Louisiana

2009 Men's Cross Country Schedule

| Date and Day | Meet | Site | Time | Distance |
|------------------|--|---|------------|--------------|
| September | | | | |
| 4 Friday | Southern Miss Invitational | Tatum Park, Hattiesburg, Miss. | 7 p.m. | 4 miles |
| 12 Saturday | Wolfpack Invitational | Lafreniere Park, Metairie, La. | 8:35 a.m. | 5,000 meters |
| 18 Friday | Ragin' Cajuns Invitational | University Research Park, Lafayette, La. | 6:30 p.m. | 4 miles |
| 26 Saturday | LSU Invitational | Highland Road Park, Baton Rouge, La. | 9:45 a.m. | 8,000 meters |
| October | | | | |
| 3 Saturday | Gulf Coast Stampede | Escambia County Equestrian Center, Pensacola, Fla. | 8 a.m. | 8,000 meters |
| 17 Saturday | Choctaw Open | Choctaw Trails Course, Clinton, Miss. | 9:30 a.m. | 4 miles |
| 23 Friday | Demon Invitational | Walter P. Ledet Track Complex, Natchitoches, La. | 3:30 p.m. | 3 miles |
| November | | | | |
| 7 Saturday | Gulf Coast Athletic Conference Championships | Choctaw Trails Course, Clinton, Miss. | 8:30 a.m. | 8,000 meters |
| 21 Saturday | NAIA National Championships | Fort Vancouver National Historic Site, Vancouver, Wash. | 12:30 p.m. | 8,000 meters |

All times Central. TBA — To be announced.

Local start of the NAIA National Championships for men will be 10:30 a.m. PST.