



How to use Care Cash and make the most of it

Care Cash® is a preloaded debit card that helps you pay for cost-effective* and convenient care. Use it in place of a credit or debit card to help pay for the eligible, network** expenses listed below.

UnitedHealth Premium® Care Providers

The UnitedHealth Premium program can help you find providers who meet criteria for quality, based on national standards, and cost efficiency. When searching for a Primary or Specialist provider on myuhc.com®, look for 2 blue hearts near the provider's name. ❤️❤️

If on a Tiered medical plan, look for providers with a Tier 1 blue dot. 

Primary care**

A primary care provider (PCP) is the first person you call with medical questions and issues to help guide you to the care you may need—from **physical to behavioral health**. They may help you avoid surprise costs, save time and make the best use of your health care.

Specialty care

A specialist provider focuses on a specific area of complex care—from cardiology to orthopedics.

24/7 Virtual Visits

When you need care—anytime, day or night—24/7 Virtual Visits may be a convenient option. You can connect with a provider through your mobile device,*** tablet or computer and get treatment for allergies, headaches, rashes and more—from wherever you are.

Urgent care

Urgent care clinics offer treatment for non-life-threatening injuries or illnesses, like sprains and minor burns. These clinics are staffed by physicians and care teams.

To get the most from your Care Cash card, use it only for eligible, network expenses outlined in this document.

Some examples of expenses NOT eligible for Care Cash include:

- Dental or vision care service providers
- Emergency room care service facilities
- Personal purchases (general merchandise, groceries, etc.)
- Prescription drugs

Questions about eligible expenses? Call the toll-free number on your health plan ID card.

Learn more

Visit myuhc.com/carecash

United
Healthcare

* Not all providers for which you can use your Care Cash card have been assessed for cost-efficiency.

** Must be a UnitedHealthcare Network provider to be eligible for Care Cash.

*** Data rates may apply.

Care Cash provides a pre-loaded debit card which can be used for certain health care expenses. If the card is used for ineligible 213(d) expenses, individuals may incur tax obligations and should consult an appropriate tax professional to determine if they have such obligations. The information provided in connection with Care Cash is for general informational purposes only and is not intended to be nor should be construed as medical advice. Individuals should consult an appropriate health care professional to determine what may be right for them.

24/7 Virtual Visits is a service available with a provider via video, or audio-only where permitted under state law. It is not an insurance product or a health plan. Unless otherwise required, benefits are available only when services are delivered through a Designated Virtual Network Provider. 24/7 Virtual Visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Check your benefit plan to determine if these services are available.

Tier 1 providers may be subject to change, visit myuhc.com® for the most current information or call the number on your health plan ID card.

The UnitedHealth Premium® designation program is a resource for informational purposes only. Designations are displayed in UnitedHealthcare online physician directories at myuhc.com®. You should always visit myuhc.com for the most current information. **Premium designations are a guide to choosing a physician and may be used as one of many factors you consider when choosing a physician. If you already have a physician, you may also wish to confer with him or her for advice on selecting other physicians. You should also discuss designations with a physician before choosing him or her. Physician evaluations have a risk of error and should not be the sole basis for selecting a physician.** Please visit myuhc.com for detailed program information and methodologies.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.